

## WELCOME TO THE KHULA FAMILY!

Khula Clinical Care Services is proud to embark on this journey with you.

“Khula” is the Zulu word for “Thrive” and we believe in empowering our patients to thrive and for their health to flourish, so they can be the best version of themselves in their professional, personal, and family lives.

At Khula Clinical Care Services, we have assembled a team of specialists who are experts in our field of work, to ensure that you receive the care and support you need. We pride ourselves in understanding your every need to help you live a better, healthier, and quality-filled life. As your confidantes, we would like to assure you that you are in good hands; hands that will guide and support you through every part of this journey.

Should you need more information about what the programme offers, please contact us at the numbers on the back of this information pack. We have also included a wallet card for you to keep on your person at all times in case of emergencies, or if you just need a listening ear or a helping hand.

Remember to log into your e|Care platform, profile yourself and gain access to a range of information and medical advice.

We look forward to helping you grow and being there for you every step of the way.

Sincerely yours,  
**THE KHULA CLINICAL CARE SERVICES TEAM.**



## KHULA CLINICAL TEAM

### **Rafee'a Bahadur-Peer**

Khula General Manager (Senior Clinical Case Manager)

Rafee'a has over 9 years of experience in the field of HIV, as well as 13 years of experience in Pharmacy Management. Her passion for HIV and case management started in 2009 and has blossomed into a full time career. She is now most fulfilled when she positively impacts patients and their families as a result of her interventions.

### **Ntombizodwa Nyoni**

(Clinical Care Manager)

Zodwa has worked as Professional Nurse for 13 years and has 7 years' experience in the HIV field. Her passion for HIV involves member education and empowerment, testing, treatment and case management. She finds joy when patient's lives are transformed for the better and seeing them living a healthy, productive life.



### **Dr. Kairoonisha Mahomed** (Senior HIV Clinician)

Dr. Mahomed has been a medical doctor for over 30 years and has 12 years of experience in the management of HIV/AIDS and related diseases. Her passion extends beyond patient care and shows in her devotion to the training of doctors, nurses, psychologists, social workers, peer educators, and mentors in HIV/TB care. As the lead consult at Khula Clinical Care Services, she takes professional pride in ensuring that clinical protocols are aligned so that all patients in her network receive the same level of care with minimal complications and rates of opportunistic infections.



### **Health|Insite Clinical Forum.**

Headed and run by clinical specialists with the core belief and passion of improving lives.



### **Nationwide Doctor network.**

No matter where, you will have access to the same level of care through our network.

## KEY KHULA BENEFITS

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Dedicated clinical care consultants.



Online health and wellness platform: e|Care.



Medication (HAART and multivitamins with nationwide courier delivery).



Pathology (blood tests).



Doctor visits.



PMTCT.



Treatment of opportunistic infections.



Access to family members.



Integration with your EWP.

## KEY CONTACT INFORMATION

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**Toll free line:**  
**0861 066 666 (ext 2)**

Office line:                      Emergencies:  
011 341 8914/5                      071 624 1201

<http://www.khulaclinicalcare.co.za>

## KHULA CLINICAL CARE SERVICES

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Is a proud division of

**Health|Insite**  
work - life - wellbeing



**khula**  
clinical care services

**MEMBER INFORMATION PACK**

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